

# **K BEAUTY**

## **Online Medical-Skincare course**

**Live Zoom training**  
**+**  
**Dashboard**  
**Pre Recorded materials**  
**Interactive and Informative**



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# ONLINE skincare course curriculum

	Subjects
Programs	<p><b>Course Outline</b></p> <ol style="list-style-type: none"><li>1. Skincare fundamentals</li><li>2. Learn about different skin types (Difference with medical skincare and skincare)</li><li>3. Facial cleansing &amp; Deep cleansing</li><li>4. LBK Massage technique</li><li>5. Types of Masks &amp; Methods</li><li>6. Types of Acne (Variety of Treatments)</li><li>7. Green peel</li><li>8. ViVi Peel</li><li>9. LED Therapy</li><li>10. HLP MTS treatment</li><li>11. High Frequency treatment (Face)</li><li>12. High Frequency treatment (Body)</li><li>13. Aqua peel</li><li>14. Multi-machine( Skin scrub,lonto, Ultrasound, Lifting)</li><li>15. LBK Korean beauty spa business skills</li></ol>


# Skincare fundamentals

	title	contents
Theory	<p>Theory of Skincare</p> <p>Deep cleansing</p> <p>LBK special manual technique</p> <p>Facial Masks</p>	<ul style="list-style-type: none"> <li>-Difference with medical skincare and skincare</li> <li>-Definition of a skin therapist and their attitude</li> <li>-Flow of Korean skin care therapy</li> <li>-Skin types and skin diagnosis</li> <li>-Type of skin products and their use/preparation for a massage session</li> <li>-Meaning of deep cleansing</li> <li>-Type of deep cleansing and method</li> <li>-Techniques of deep cleansing and cleansing</li> <li>-Theory of skin massage</li> <li>-The objectives of skin massage and its effects</li> <li>-What consists of a massage?</li> <li>-LBK Massage Techniques</li> <li>-Meaning of facial mask</li> <li>-The function of facial mask (1st &amp; 2nd)</li> <li>-Types of facial mask and their special functions</li> <li>-Effect</li> <li>-Method of use</li> </ul>
Practice	Deep cleansing and pack, LBK Special Massage Technique, Facial mask	


# Sensitive skin therapy

	title	contents
Theory	Sensitive skin	<ul style="list-style-type: none"><li>-What is sensitive skin?</li><li>-Reason for skin flushing</li><li>-Diagnosis of sensitive skin</li><li>-Analysis of sensitive skin therapy</li><li>-After care</li></ul> 
Practice	Analysis clients's skin type and Hands-on practice to live model (cleasing-deep cleasing-technique-facial mask)	


# Acne care and pore management

	title	contents
Theory	Acne care  pore management	<ul style="list-style-type: none"><li>- What is pore?</li><li>- Importance of cleaning pores &amp; way to clean pores</li><li>- Pore and skin tightening</li><li>- Definition and types of skin with acne</li><li>- How to cure acne? (way to pop a pimple/acne extrusion)</li><li>- The difference between oily skin and acne skin</li><li>- Water peeling deep cleansing</li><li>- How to manage acne scars</li></ul> 
Practice	Analysis clients's skin type and Hands-on practice to live model (cleasing-deep cleasing-technique-facial mask)	

# Whitening / Brightening and hyper-pigmentation treatment

	title	contents
Theory	Whitening / Brightening  Melasma  hyper pigmentation treatment	<ul style="list-style-type: none"> <li>-Reason for pigmentation, management of pigmentation</li> <li>-What are types of pigmentation?</li> <li>-Skin brightening therapy</li> <li>-VIVI peeling/ Vitamin &amp; Ion Therapy</li> <li>-Whitening &amp; Brightening diagnosis and improvement method</li> <li>-After care for whitening &amp; Brightening improvement</li> </ul> 
Practice	Analysis clients's skin type and Hands-on practice to live model (cleasing-deep cleasing-technique-facial mask)	

# Anti-aging skincare and Dry skin therapy

	title	contents
Theory	<p>Anti-aging skincare</p> <p>Dry skin therapy</p> <p>Collagen Regeneration</p>	<ul style="list-style-type: none"> <li>-Causes of aging</li> <li>-Analysis of types of wrinkles</li> <li>-What is anti-aging ,How to reduce premature skin aging</li> <li>-What is dry skin?</li> <li>-Diagnosis of dry skin and How to improve it</li> <li>-Collagen regeneration treatment, Anti-wrinkle therapy</li> <li>-After care for dryskin</li> </ul> 
Practice	<p>Analysis clients's skin type and Hands-on practice to live model (cleasing-deep cleasing-technique-facial mask)</p>	


# HLP MTS therapy

	title	contents
Theory	<p>HLP MTS therapy <i>(Hydrate+Lifting+Pore)</i></p> <p>MTS is a skincare treatment which penetrates micro needles into the invisible dermal layer to keep your skin clean.</p>	<ul style="list-style-type: none"> <li>-What is MTS?</li> <li>-MTS treatment principle</li> <li>-HLP MTS treatment effect</li> <li>-Who needs HLP MTS treatment?</li> <li>-Types of MTS treatment tools</li> <li>-Precautions before MTS procedure</li> </ul> <p>Effect</p> <ul style="list-style-type: none"> <li>-Skin brightening</li> <li>-Skin hydration</li> <li>-Wrinkle elimination</li> <li>-Acne management</li> <li>-Skin lifting</li> </ul>
Practice	Analysis clients's skin type and Hands-on practice to live model	





# Aqua peel

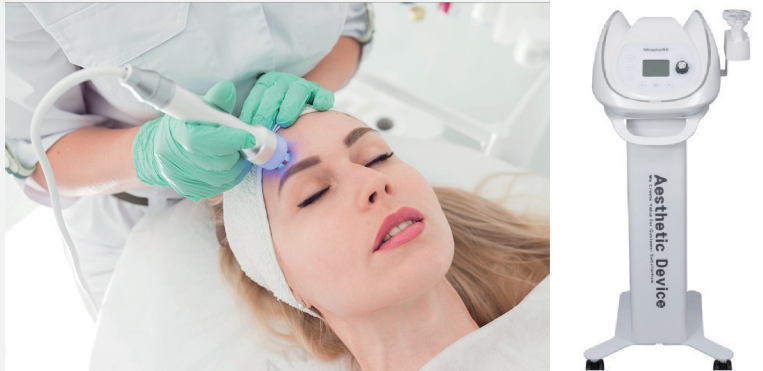
	title	contents
Theory	<p>Aqua peel</p> <p>Aqua peeling is an exclusive machine peeling care for demodex</p>	<ul style="list-style-type: none"><li>-Definition of Aqua peel</li><li>-Effects and benefits</li><li>-Aqua peel Cycle</li><li>-Symptoms after treatment</li><li>-Precautions after Aqua peel</li></ul> <p>Effect</p> <ul style="list-style-type: none"><li>-Remove sebum</li><li>-Whitening</li><li>-Exfoliation</li><li>-Remove blackheads and whiteheads</li><li>-Supply moisture</li></ul> 
Practice	Analysis clients's skin type and Hands-on practice to live model	

# Multi-machine


	title	contents
Theory	<p>Multi-machine</p> <p>With a multi-machine, scrub care, ion injection, vitamin care, lifting care, ultrasound care, and soothing care are possible, as well as face and body care.</p>	<ul style="list-style-type: none"> <li>-Principle of ultrasound</li> <li>-Effect of ultrasound</li> <li>-Principle of ion implantation</li> <li>-Effect of ion implantation</li> <li>-How to use the multi-machine</li> <li>-Precautions</li> <li>-Ultrasound system/ Skin scrub/ Iontophoresis + ampoule spray</li> <li>&gt; skin hydration, collagen &amp; elastin stimulation, skin firming (electrical equipment is a must for effective and focused facial &amp; body treatment)</li> </ul>
Practice	<p>Analysis clients's skin type and Hands-on practice to live model</p>	




# High Frequency

	title	contents
Theory	<p>High frequency</p> <p>High frequency is a technique that utilizes targeted thermal energy to treat acne, fine lines, wrinkles, enlarged pores, cellulite, and under-eye circles.</p>	<ul style="list-style-type: none"><li>-What is high frequency?</li><li>-What is suction?</li><li>-Effect</li><li>-Facial and body treatment</li><li>-Combined effect of suction and high frequency</li><li>-Precautions when using high frequency</li><li>-High frequency technique</li></ul>  <p>The image consists of two parts. On the left, a close-up shows a practitioner wearing green gloves using a handheld high-frequency device on a patient's forehead. The patient has their eyes closed. On the right, a full view of the 'Aesthetic Device' is shown, which is a white, upright machine with a control panel and a handle.</p>
Practice	Analysis clients's skin type and Hands-on practice to live model	


# LBK Medicinal plants peel

	title	contents
Theory	<p>LBK Medicinal plants peel</p> <p>Takes care of dead skin cells and troubles with spicule.</p> <p>Strengthens the skin's self-renewal power with 41herbal medicines to create fresh skin</p>	<ul style="list-style-type: none"><li>-What is spicule?</li><li>-5 CICA ingredients (help to care for damage skin)</li><li>-The principle of herbal medicine</li><li>-How to use</li></ul> <p>Effect</p> <ul style="list-style-type: none"><li>-Improve skin tone</li><li>-Remove dead skin</li><li>-Moisturizing</li></ul> 
Practice	Analysis clients's skin type and Hands-on practice to live model	

# VIVI peel therapy

	title	contents
Theory	<p>VIVI peel therapy</p> <p>VIVI Peeling is a natural acid extracted from fruits and ingredients extracted from the bark of the willow tree.</p> <p>VIVI peel penetrates into the stratum corneum to soften aged dead skin cells and rough skin.</p>	<p>VIVI peel</p> <ul style="list-style-type: none"><li>- About VIVI peel and advantage</li><li>-Smooth skin texture , whitening effect</li><li>-Reduce acne</li><li>-Sebum control</li></ul> 
Practice	Analysis clients's skin type and Hands-on practice to live model	

# LED therapy

	title	contents
Theory	<p>LED therapy</p> <p>It is effective in supplying nutrients deep into the skin using wavelengths of LED infrared rays.</p>	<ul style="list-style-type: none"><li>-What is LED therapy device?</li></ul> <p>Effect</p> <ul style="list-style-type: none"><li>-Skin Brightening</li><li>-Soothing</li><li>-Anti-inflammation</li><li>-Skin regeneration</li></ul>  A photograph showing a person lying in a white chair, receiving LED light therapy. The person's face is covered with a white cloth, and their eyes are closed. The chair is illuminated with a bright blue light, which is the LED therapy being administered. The device has a control panel on top with a digital display and several buttons.
Practice	Analysis clients's skin type and Hands-on practice to live model	

# LBK Beauty salon business program

	title	contents
Theory	<p>LBK Korean Cinderella therapy</p> <p>LBK business program</p>	<ul style="list-style-type: none"> <li>-Exclusive program to maximize profit</li> <li>-Mind control and customer relations program</li> <li>-Hygiene maintenance program</li> <li>-Esthetic salon management program (pricing, services and sales)</li> <li>-How to operate LBK business</li> <li>-Therapy Program (11 subjects)</li> </ul> 
Practice	Analysis clients's skin type and Hands-on practice to live model	

# Skincare Spa-Kit Included

- 1 - Lip & Eye cleanser
- 2- Face and neck cleanser
- 3- Moisture boost toner
- 4- Medicinal plant green peel
- 5- Peptide moisturizer Eye lifting massage lotion
- 6- 24k gold collagen serum
- 7- HLP MTS solution mesotherapy
- 8- VIVI peel
- 10- Collagen Peptide ampoule
- 11- Repair mask sheets
- 12- Intense mask powder mix
- 13- Collagen massage cream
- 14- Skin softening mask
- 15- Mask and Peel Brush
- 16- Cleansing sponge





## Course Fees \$3500 USD

Shipping cost for Spa Kit varies for different countries:

ASIA / USA / CANADA / AUSTRALIA average \$150 USD

AFRICA average \$300 USD

LATIN AMERICA average \$150 - \$300 USD

Please check with us for shipping cost